



**2025 Ashley Estrada Ministries and the Allan Chesang Foundation  
Humanitarian Mission – Outreach Opportunities**

Kitale, Kenya – October 28<sup>th</sup>–31<sup>st</sup>, 2025

Goal: Service approximately 10,000 people over four days. All items must be new, unexpired, and in original commercial packaging. Unit-dose packaging preferred where applicable.

**Medications & Consumables**

- Acetaminophen
- Ibuprofen
- Oral rehydration salts
- Antihistamines
- Antifungals
- Antibiotics (per formulary)
- Prenatal vitamins
- Multivitamins
- Deworming agents
- Glucose test strips
- Lancets
- Alcohol swabs

**Clinical Supplies**

- Nitrile gloves (all sizes)
- Surgical masks
- N95 masks
- Face shields
- Disposable gowns
- IV start kits
- IV cannulas (18–24g)
- Syringes/needles (varied)
- Tourniquets
- Medical tape
- Gauze
- Bandages
- Sterile dressings
- Suture kits
- Hemostats
- Thermometers
- BP cuffs
- Stethoscopes
- Pulse oximeters

**Women's & Children's Health**

- Prenatal vitamins
- Folic acid
- Iron supplements
- Pediatric syringes
- Pediatric vitamins
- Diapers *(due to bulkiness of this item for shipping purposes, we will appreciate cash donations instead for purchase in Kenya)*
- Sanitary pads *(due to bulkiness of this item for shipping purposes, we will appreciate cash donations instead for purchase in Kenya)*

**Vision & Dental Basics**

- Reading glasses (1.0–3.0 strength) *(currently working with Eyes In A Box to source glasses at \$100 per 100. Cash donations will be appreciated to help offset this cost)*
- Fluoride varnish
- Basic dental hygiene kits (toothbrushes, toothpaste, floss)

**Public Health & Hygiene**

- Soap
- Hand sanitizer
- Water purification tablets
- Treated mosquito nets *(due to bulkiness of this item for shipping purposes, we will appreciate cash donations instead for purchase in Kenya)*
- Wound-care kits

**Equipment (if available)**

- Portable ultrasound
- Glucometers
- Autoclaves
- Otoscopes/ophthalmoscopes
- Portable exam lights

**School Supplies**

- Crayons
- Pencils
- Composition notebooks *(due to bulkiness of this item for shipping purposes, we will appreciate cash donations instead for purchase in Kenya)*
- Bookbags

Please ship by October 7, 2025 to allow time for inventory, packing, and customs clearance.

Contact: Camille Hopkins / [ashleyestradamministries@gmail.com](mailto:ashleyestradamministries@gmail.com) / (301) 321-3892 for shipping details or pickup arrangements in Florida.

Ashley Estrada Ministries is a registered 501(c)(3) nonprofit organization. Donations are tax-deductible to the extent allowed by law.